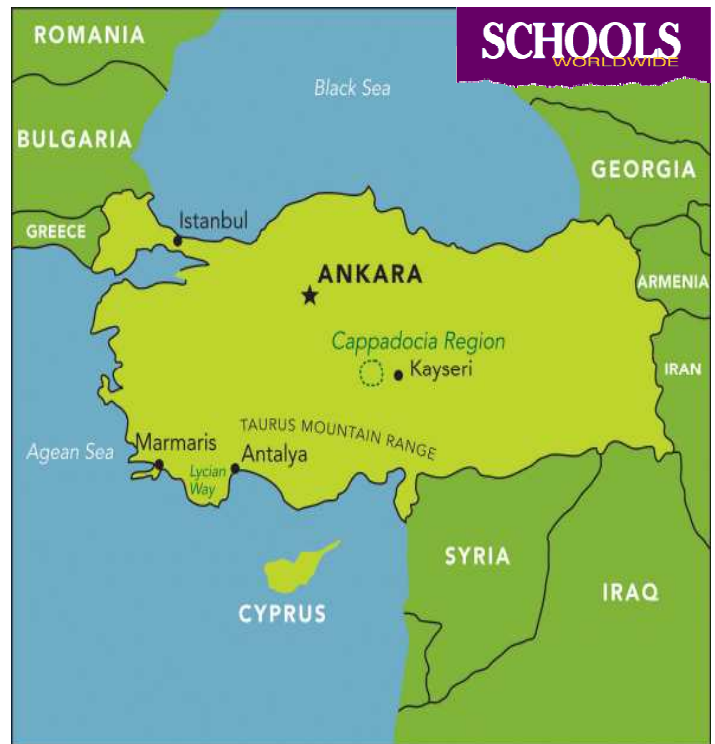


Destination Fact Sheet: Turkey

Worldwide region:	Eastern Europe
Capital City:	Ankara (GMT + 2hrs)
Environment:	Volcanic, rock and limestone mountains. Mediterranean coast.
When to go:	April – October
Itineraries:	Adventure, Explorer
Highlights:	Cappadocia, Taurus Mountains, Istanbul, Antalya
Essentially:	A country offering stunning volcanic landscapes, immensely friendly residents and a fascinating history.



About the country

Sandwiched between Europe and the Middle East, Turkey's location has always had a great influence upon its culture and history. Aside from the old Roman town of Antalya and the magnificent Islamic mosques of Istanbul, Turkey boasts some truly dramatic mountain and coastal scenery. The Cappadocia region offers exceptionally beautiful landscape, whilst the Karst topography of the Taurus Mountains offers stunning natural scenery and outstanding mountain trekking. The South West of Turkey combines pine forests and a beautiful coastline where you can explore Roman remains before paddling a kayak out to the sea.

Adventure Programmes

The Taurus Mountain range hugs the southern border of Turkey's Anatolia region and is home to some of the country's highest peaks. Here you can enjoy magnificent panoramas, wonderful natural springs, beautiful waterfalls and discover a network of underground rivers and caves. Alternatively, a visit to the South West of Turkey combines the chance to trek amongst spectacular mountain and coastal scenery, as you follow a section of the Lycian Way then white water raft on the Dalaman River or sea kayak to the golden sands of Iztuzu beach.

Explorer Programmes

For a more in-depth exploration of Turkey you should choose to visit a variety of regions. Trek in the Dedegol Mountains, visit the Koprulu Canyon National Park and spend time in the fascinating Cappadocia region. A UNESCO World Heritage site, the Cappadocia is formed of soft volcanic rock and is a magical landscape of conical formations, known as 'fairy chimneys' as well as spectacular valleys and cliffs. End your exploration of Turkey by spending time in Istanbul where you will visit the Blue Mosque and the Hippodrome as well as the Grand Bazaar.

In summary

From stunning mountains to magical rock landscapes, Turkey provides a range of beautiful trekking options to suit all abilities. Groups must undergo a fitness programme in the UK, to be physically prepared for the itinerary.



To discuss the variety of options for tailor making a trip to Turkey for your group, please telephone us on 0845 634 4670 or visit our website at www.schoolsworldwide.co.uk