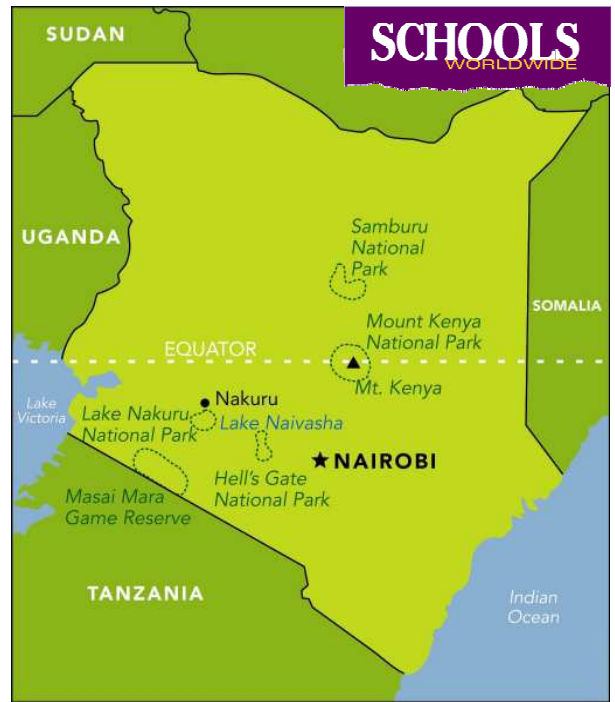


Destination Fact Sheet: Kenya

Worldwide region:	Eastern Africa
Capital Cities:	Nairobi (GMT+3hrs)
Environment:	Highlands, savannah, coastal lowlands.
When to go:	All year
Itineraries:	Explorer, Expedition
Highlights:	Masai Mara National Reserve, Mount Kenya, Hell's Gate NP, Lake Naivasha, Lake Nakuru NP
Essentially:	A stunning country, offering excellent trekking and superb game safari opportunities as well as a meaningful cultural exchange.



About the country

Situated on the Indian Ocean in eastern Africa, Kenya boasts a host of natural treasures and is an enticing and adventurous destination for any school. Whether you seek outstanding mountain trekking, vast areas of untouched wilderness, excellent game viewing possibilities or an unforgettable cultural encounter you can be sure you will find them all in Kenya. Home to some of the world's finest National Parks as well as the second highest mountain in Africa here you will find endless opportunities for adventure and discover the magic of East Africa.

Explorer Programmes

Begin your exploration of Kenya by spending a period of acclimatisation in Hell's Gate National Park. Experience the typical terrain and environment of the African savannah as you trek in the Park, accompanied by an experienced local ranger who will introduce you to the many species of wildlife you will encounter along the way. Well prepared for your climb up Mount Kenya you will begin your 5 day hike at Naro Moru and aim to reach Point Lenana which stands at 4985m tall. A wildlife safari is an essential element of any trip to Kenya, allowing you to cover large distances as you wonder at both the scenery and wildlife you encounter. End your trip by travelling to the world famous Masai Mara for game drives across the open planes offering extensive game viewing possibilities.

Expedition Programmes

The Rift valley offers a superb introduction to Kenya's most prominent flora and fauna. The highest of the Rift Valley lakes is Lake Naivasha, the second largest freshwater lake in Kenya and home to an incredibly variety of bird species. As you proceed through the Rift Valley on foot you will discover scenery and beauty that is unmatched in the rest of the country as well as meeting traditional Masai herdsman. Choose to spend time visiting the Nakuru National Park, the oldest in Kenya and home to thousands of flamingos, vast herds of buffalo and rhinos as well as many of Africa's big cats or travel north to the Samburu National Park in your quest to spot the 'big five.'

In summary

A beautiful country where groups will experience abundant wildlife, striking scenery and warm hospitality. Groups should undergo a fitness programme in the UK to be physically prepared for the itinerary.



To discuss the variety of options for tailor making a trip to Kenya for your group, please telephone us on 0845 634 4670 or visit our website at www.schoolsworldwide.co.uk