

Destination Fact Sheet: Costa Rica

Worldwide region:	South America
Capital City:	San Jose (GMT - 6hrs)
Environment:	Mountains, cloud forest, rainforest
When to go:	Dec - April
Itineraries:	Explorer, Expedition, Fieldtrek
Highlights:	Volcanoes, Abundant Wildlife, Rainforest, Beaches
Essentially:	A beautiful country offering close encounters with abundant wildlife, fun loving locals and exciting activities.



About the country

Travelling across the breadth of Costa Rica, groups will experience a fantastic variation in environment from the dry tropical forest along the Pacific Coast up to the misty cloud forest at altitude along the mountainous continental divide and down to the marshy Caribbean Coast through tropical rainforest. With more than 27% of Costa Rica designated as protected areas it is no wonder that countless flora and fauna have found a haven there.

Fieldtrek Programmes

Start by travelling by boat through forested canals to Tortuguero where you can visit an important sea turtle breeding area. Continue your tour with some practical fieldwork activities in Tirimbina Rainforest Reserve ending the day in La Fortuna where your group will be sleeping beneath the magnificent Arenal Volcano. If you're lucky the volcano will put on a fireworks display as it oozes lava out at night. Next, visit the famous Santa Elena and Monteverde Cloud Forest Reserves, which are areas of birding paradise with over 400 different species to be spotted. Finish this educational tour in Manuel Antonio National Park with the chance to see monkeys as well as the birdlife and perhaps some time to visit the beach!

In summary

Costa Rica provides all the elements for a fantastic rainforest experience combined with amazing educational opportunities in a challenging environment, which will really inspire groups that go there. Groups may need to undergo a fitness programme in order to physically prepare for the itinerary.



To discuss the variety of options for tailor making a trip to Costa Rica for your group, please telephone us on **0845 634 4670 or visit our website at **www.schoolsworldwide.co.uk****